

The logo for Pilgrim Heights Camp Retreat Center features the words "Pilgrim Heights" in a large, bold, black serif font. The word "Pilgrim" is on the top line and "Heights" is on the bottom line. Below "Heights" are the words "Camp" and "Retreat Center" in a smaller, black sans-serif font. The text is surrounded by stylized, flowing lines in blue, green, and yellow, suggesting a natural or outdoor setting.

# Pilgrim Heights

Camp Retreat Center

## Summer Camp Packing List

What you need (and don't!) for summer camp at Pilgrim Heights!

Clothing: Remember this is camp and you'll get wet and dirty!

- Shorts
- Pants (for hikes in the woods)
- Shirts
- Sweatshirt / long sleeve shirt for cool evenings
- Swimsuit
- Underwear
- Socks
- Pajamas
- Rain gear, preferably a poncho/rain coat
- Tennis shoes (that tie for running and games, not Crocs)
- Shower shoes (flip flops / crocs)

Essentials: Keep you clean and comfortable!

- Towel (2 one for swimming and one for bathing)
- Toothbrush / Toothpaste
- Soap / Shampoo
- Other personal hygiene items (deodorant, floss, etc)
- Toiletries bag or basket to carry your stuff to the shower
- Bedding (sleeping bag or blanket and sheets, pillow and case)
- Water Bottle

Gear: Other things for our fun plans

- Bible
- Notebook and pencils / pens
- Envelopes and stamps to write home
- Sunscreen (it's a necessary at the lake!)
- Bug repellent
- Hat / Bandana (to cover your head in the woods)
- Camera if you want

Leave at home:

- ⊘ Candy, gum, snack foods (we don't want to attract critters into our cabins!)
- ⊘ Cell phones (if brought they will be confiscated and returned at the end of camp)
- ⊘ Electronics (personal music players are ok only during rest/bed times)
- ⊘ Knives, guns, tobacco, drugs and alcohol

Remember to put your name on everything!